

It has been 2 years since the MARATONE started on 1st April 2013 and the programme is going strong. In the past two years a cohort of 14 highly motivated and hard-working fellows had been recruited among 13 beneficiaries. Since their appointment fellows made a significant progress. They proved a great commitment, ambition and resilience in work on their projects as well as completing mandatory trainings and balancing it with challenges of moving to a different country and new settings. That is an achievement in its own right.

Hard work of the fellows resulted so far in 17 publications and manuscripts ready for submission. The results of this and further work aim to provide a basis of larger research and influence future mental health policies across Europe. Several of MARATONE fellows gained experience in lecturing, student supervision, paper marking and grant proposals writing. Those valuable experiences provide a helpful insight into broad research field and help fellows make an informative decision about career pathway in the future. Fellows presented their projects and latest achievements at the 2nd ESR Conference on March 19th 2015 in Munich, which was organised by Siemens and LMU.

Main achievements in the past two years include:

- ◆ 17 publications in peer reviewed journals and manuscripts produced by the fellows of which 7 are deliverables
- ◆ Several presentations at national and international conferences
- ◆ 10 meaningful secondments completed
- ◆ 7 face-to-face and 4 on-line trainings delivered by experts from the Consortium on the subject of mental health epidemiology, ethics and human rights, project management, public speaking, scientific writing, statistics, mental health economics, mental health well-being and stigma in work place settings, and depression and deliberate self-harm

We would like to congratulate all the fellows and their supervisors on their achievements and thank them for the hard work and dedication since the start of the project and wish them best of success in the coming months.



About MARATONE

The MARATONE (Mental Health Training through Research Network in Europe; FP7-PEOPLE-2012-ITN; GA 316795) is a Marie Curie Innovative Training Network programme guided by the need for high-level training and career pathways in mental health to increase the employability of young scientists in the academic, public and private sectors to meet the enormous challenge of the 2009 EU Resolution on Mental Health. The objective of the programme is to create a network of multidisciplinary and inter-sectorial training through research that will build career pathways for young scientists in mental health and meet the challenge of a comprehensive and integrated mental health strategy for Europe.



More information on : www.maratoneproject.eu



MARATONE main research topics:

1. Mental Health Epidemiology across the Life Span
2. Depression and Deliberate Self-Harm
3. Mental Health and Well-Being in Work-place Settings
4. Human Rights and Combating Stigma and Social Exclusion

MARATONE in numbers:

- 13 full network partners from 9 countries
- 14 research fellows from 13 different countries employed and being trained within the programme
- 7 Associate Partners from 7 countries
- 7 face-to-face trainings completed by the fellows
- 4 eLearning course delivered by the Consortium

